



# SUMMER WARMER WEATHER TIPS!

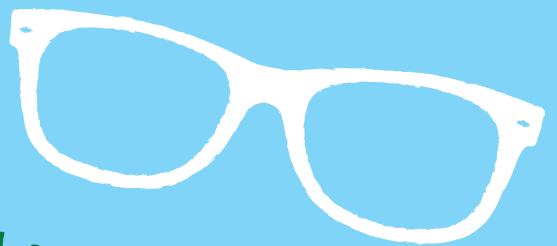
Invest in good quality “click lock” storage containers



Defrost each meal separately (morning and evening), rather than for the whole day

Rinse all packaging in soapy water before binning

Invest in “snap back” curtains on external doors and fly nets for windows you wish to have open



Keep unused food in fridge between meals

Use food waste bags or scented nappy sacks for used packaging before binning

Store used packaging in your freezer until bin day

